

Becoming an Instructor with FitSistas.

As you have probably read already FitSistas only employs Qualified Fitness Instructors however, we are always interested in chatting with you if you are looking to become a Fitness Instructor in the future.

We are constantly looking for potentially fantastic instructors to teach our classes, so to make sure you become one we will provide you with comprehensive training before you are ready to teach...and it's fun!

This is what is important to us:

- Safe instruction practices.
- Great attitude to women of all different ages, backgrounds and levels of fitness.
- Maturity.
- Desire to become a better Fitness Instructor.
- Passion for fitness and a healthy lifestyle.
- Willingness to push yourself and get out of your comfort zone.
- Determination.
- And a general all round nice person

Our requirements are a minimum Cert III plus Group Instruction Certificate, or Cert IV.

We always welcome mature instructors to contact us.

Please call Nicole on 6248 5999 for more information.

Hope to see you soon!